



**National School Lunch Program**  
**Alaska Income Eligibility Guidelines Free & Reduced Price Meals**

*Child Nutrition Programs*  
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An income scale is used to determine eligibility for free and reduced price meals.

**Do Not Send Out with Parent Letter.**

**Alaska Income Eligibility Guidelines**  
**July 1, 2019- June 30, 2020**

**Reduced Price Meals – 185% of Federal Poverty Guidelines**

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	28,860	2,405	1,203	1,110	555
2	39,091	3,258	1,629	1,504	752
3	49,321	4,111	2,056	1,897	949
4	59,552	4,963	2,482	2,291	1,146
5	69,782	5,816	2,908	2,684	1,342
6	80,013	6,668	3,334	3,078	1,539
7	90,243	7,521	3,761	3,471	1,736
8	100,474	8,373	4,187	3,865	1,933
For Each Additional family member add:	10,231	853	427	394	197

**Free Meals – 130% of Federal Poverty Guidelines**

Household Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,280	1,690	845	780	390
2	27,469	2,290	1,145	1,057	529
3	34,658	2,889	1,445	1,333	667
4	41,847	3,488	1,744	1,610	805
5	49,036	4,087	2,044	1,886	943
6	56,225	4,686	2,343	2,163	1,082
7	63,414	5,285	2,643	2,439	1,220
8	70,603	5,884	2,942	2,716	1,358
For each additional family member add:	7,189	600	300	277	139

## **Definitions**

**Family:** A household or family is defined as a group of related or unrelated individuals who are living as one economic unit.

**Income:** Income is the money received by any member of the household before such deductions as taxes and Social Security. It includes the following: salary or wages; earnings from self-employment, Social Security, pensions, retirement and disability payments; and other cash income received or withdrawn from any source which would be available for payment of a child's meal. Food Stamp benefits are not included.

Current income is determined by the income received by all members of the household during the month prior to application. But if this income was much higher or lower than usual, the expected income for this year (12 months starting from the month prior to application) should be used. For example, self-employed people such as fishermen and farmers should use yearly income.

**The information below represent types of groups that qualify for free meals under the National School Lunch Program either by Assistance Program participation, and Other Source Categorical Eligibility designations:**

**Direct Certification Groups are as follows:**

Supplemental Nutrition Assistance Program (SNAP);

Food Distribution Program on Indian Reservations (FDPIR); or

Temporary Assistance for Needy Families (TANF), if the State program meets Federal standards.

**Other Source Categorically Eligible:**

Homeless,

Migrant,

Runaway,

Foster Child, or

Enrolled in Head Start or an eligible pre-kindergarten program

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mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;  
fax: (202) 690-7442; or  
email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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